

Host



Ms Sun Xueling

Senior Minister of State

Ministry of National Development

Ministry of Transport

Grassroots Advisor to Punggol GRC

Ms Sun Xueling is currently the Senior Minister of State at the Ministry of National Development and the Ministry of Transport.

She previously served as Minister of State at the Ministry of Social and Family Development from 2020 to 2024, Minister of State in Ministry of Education from 2020 to 2022 and Minister of State for Home Affairs from 2018 to 2024.

SMS Sun is a mother of two happy young girls and has a strong interest in parenting. Her previous portfolio includes area related to preschool education and family policies. She participates regularly in panels discussions on the latest research and pedagogies in parenting and education.

As part of her outreach, she reads books online to parents and children to promote family bonding and instil positive values. She is also author of a published series of children's books.

Speaker



Dr Cai Shirong

Principal Scientist, A*STAR

Institute for Human Development
and Potential (A*STAR IHDP)

Adjunct Assistant Professor, Yong

Loo Lin School of Medicine,

National University of Singapore

Shirong is a Principal Scientist from the Translational Neuroscience program at the Institute for Human Development and Potential, A*STAR and adjunct assistant professor from the Human Potential Translational Research Program at the Yong Loo Lin School of Medicine, National University of Singapore (NUS).

Her primary research interest revolves around maternal and child sleep- both the risk factors as well as subsequent sequelae. She is involved in a number of large local cohort studies such as GUSTO (Growing Up in Singapore Towards healthy Outcomes), S-PRESTO (Singapore Preconception Study of Long-Term Maternal and Child Outcomes), MAMS (Mapping Antenatal Maternal Stress). SG-LEADS as well as international studies like the NiPPeR trial.