

Host



Mr Baey Yam Keng

Minister of State
Ministry of Transport
Ministry of Culture, Community
and Youth
Mayor of North East District

Mayor Baey Yam Keng entered the Singapore Parliament in 2006, beginning a long-standing career in public service. He has served in various Government appointments, including roles as Parliamentary Secretary and Senior Parliamentary Secretary across different ministries, contributing to policies and initiatives that directly impact the daily lives of Singaporeans.

In May 2025, he was appointed Minister of State for Transport and for Culture, Community and Youth, and currently serves as Mayor of the North East District. He is concurrently the Grassroots Adviser of Tampines Boulevard Division.

Deeply passionate about serving the community, Mayor Baey actively champions family wellness and wellbeing, supporting initiatives that strengthen social connect, caregiving and strong family relationships. Known for his approachable and hands-on leadership style, he works closely with residents and community partners to build inclusive, caring and resilient communities where families can thrive.

Speaker



Dr Quah Saw Han

Principal Clinical Psychologist,
Community Psychology Hub

Saw Han is a clinical psychologist who has largely worked with children, young persons and their parents in relation to child protection and family issues. For more than 20 years, she has worked in different roles within the social service sector, first as a civil servant, then in private practice, and now at the Community Psychology Hub.

Throughout her career, Saw Han has focused on serving the best interests of children, especially in trauma-informed practices in child and family work, as well as out-of-home care. She is an active volunteer with government and non-profit organizations to advocate for positive parenting and building resilience in children.

Speaker



Tina is a mother of 3 boys with diverse needs between the ages of 23 and 16. She runs a social enterprise conducting workshops for parents and educators as well as does consultancy in the area of ADHD, special needs and mental health inclusion.

Mrs Tina Tan

Director, Shed Training &
Consultancy
Parent Coach and Trainer