

Host



Ms Sun Xueling

Senior Minister of State

Ministry of National Development
Ministry of Transport
Grassroots Advisor to Punggol GRC

Ms Sun Xueling is currently the Senior Minister of State at the Ministry of National Development and the Ministry of Transport. She previously served as Minister of State at the Ministry of for Social and Family Development from 2020 to 2024, Minister of State in Ministry of Education from 2020 to 2022 and Minister of State for Home Affairs from 2018 to 2024.

SMS Sun is a mother of two happy young girls and has a strong interest in parenting. Her previous portfolio includes area related to preschool education and family policies. She participates regularly in panels discussions on the latest research and pedagogies in parenting and education.

As part of her outreach, she reads books online to parents and children to promote family bonding and instil positive values. She is also author of a published series of children's books.

Speaker



Adj A/Prof Chong Shang Chee

Deputy Head (Practice and Partnerships), Centre for Holistic Initiatives for Learning and Development, Yong Loo Lin School of Medicine, National University of Singapore

Head of Division & Senior Consultant, Division of Developmental and Behavioural Paediatrics, Department of Paediatrics, Khoo Teck Puat – National University Children's Medical Institute, NUH

Adj A/Prof Chong Shang Chee has been a developmental paediatrician for over 20 years. She co-chaired the development of the Advisory on Screen Use in children with MOH (2023), and is also serving on the Advisory Panel on Parenting (MSF). She was involved as a workgroup member of the Child and Maternal Wellbeing and Health taskforce (MOH) (2021-2025).

Through bridging ministries, healthcare clusters, community agencies, and preschools, she integrates clinical research and services for impact. Much of her work involves children with developmental needs, at-risk families, as well as building knowledge and communities of practice around important issues on parenting and child development.

Dr Chong loves being with children. She hopes to strengthen all systems in their favour—working through families and the early childhood ecosystem.

Speaker



Dr Jean Liu is Associate Professor of Psychology at the Singapore Institute of Technology. Her research centres on the science of technology use, including how screentime affects wellbeing and everyday social interactions. She was the lead author of an interagency “Positive Use Guide” on digital devices for young users, and served on the expert panel for national guidelines on screentime and mental wellbeing. She also hosted the Channel NewsAsia series “Byte the Habit” on screen use in families. Dr Liu previously consulted for the World Health Organization, and her research insights have been discussed in parliament and in the media.

A/Prof Jean Liu

Associate Professor of Psychology,
Health and Social Sciences Cluster,
Singapore Institute of Technology