

Host



Mr Baey Yam Keng

Minister of State
Ministry of Transport
Ministry of Culture, Community and Youth
Mayor of North East District

Mayor Baey Yam Keng entered the Singapore Parliament in 2006, beginning a long-standing career in public service. He has served in various Government appointments, including roles as Parliamentary Secretary and Senior Parliamentary Secretary across different ministries, contributing to policies and initiatives that directly impact the daily lives of Singaporeans.

In May 2025, he was appointed Minister of State for Transport and for Culture, Community and Youth, and currently serves as Mayor of the North East District. He is concurrently the Grassroots Adviser of Tampines Boulevard Division.

Deeply passionate about serving the community, Mayor Baey actively champions family wellness and wellbeing, supporting initiatives that strengthen social connect, caregiving and strong family relationships. Known for his approachable and hands-on leadership style, he works closely with residents and community partners to build inclusive, caring and resilient communities where families can thrive.

Host



Ms Theodora Lai

Adviser to Sengkang GRC GROs

Ms Theodora Lai is the Grassroots Adviser to Sengkang GRC Grassroots Organisations and an active community volunteer. She is also a founding member and former Chairperson of the Young Women's Leadership Convention, a network dedicated to empowering and connecting young women leaders, and Council Member of the National Youth Council between 2013- 2017.

Professionally, Theodora is a Partner and Co-Founder of Moringa Ventures. She brings over 17 years of experience in early-stage investments and operator roles spanning technology, education, retail and offshore and marine sectors.

Speaker



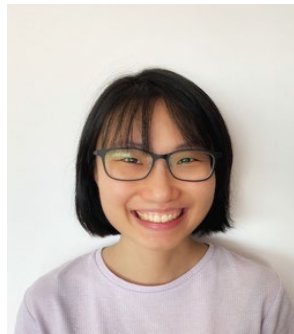
Dr Faye Yang

Senior Principal Psychologist
Dept of Child Development, KK Women's
and Children's Hospital

Dr Faye Yang is a Senior Principal Psychologist at the Department of Child Development, KK Women's and Children's Hospital, with over two decades of experience supporting young children and their families. She has a Doctorate in Clinical Psychology and a Master degree in Educational Psychology, and specialises in developmental assessment, early intervention, and family-centred care for children with special needs.

Faye is deeply involved in training and mentoring professionals and serves on national workgroups that shape policies and best practices for children with developmental needs. She is passionate about helping parents understand how early experiences influence lifelong development, and about equipping families with practical strategies to build resilience and support their children's well-being in today's digital world.

Speaker



Dr Michelle Kee

Principal Scientist II,
A*STAR Institute for Human
Development and Potential

Adjunct Assistant Professor, Human
Potential Translational Research
Programme, Yong Loo Lin School of
Medicine, National University of
Singapore

Dr Michelle Kee is a Principal Scientist at A*STAR Institute for Human Development and Potential, where she leads research on parental mental health, parenting and child development. Leveraging major longitudinal cohorts including the Growing Up in Singapore Towards healthy Outcomes (GUSTO) and the Singapore Preconception Study of Long-Term Maternal and Child Outcomes, she has advanced understanding of maternal mental health, resilience and child neurodevelopment. She is also currently leading a research on how parents' emotion regulation, and how these skills influence their mental health, parenting behaviours, and ultimately their children's outcomes. Her goal is to translate scientific discoveries into practical solutions that help families thrive.